RESILIENCE



### **BOLNEY CEP SCHOOL**

### **Managing Medicines Policy**

Reviewed	Spring 2023
Next	Spring 2025
Review	

#### **Our Whole Child Vision:**

Each child is unique. We partner with families to nurture the 'whole child' – by understanding their specific emotional, spiritual and learning needs – so children flourish.

Children leave us as fearless lifelong learners, ready to meet the world with self-confidence, curiosity and resilience.

This vision has grown from our belief in the Bible verse: "Do for other people what you want them to do for you."

Luke 6:31 International Children's Bible



### BOLNEY CEP SCHOOL MANAGING MEDICINES POLICY

(West Sussex Model Policy November 2018)

A number of forms are referred to as appendices in this example policy. These are contained in West Sussex County Council (WSCC) 'Templates – Supporting pupils with medical conditions' September 2017 and WSCC Care Plan Templates September 2017. The Asthma Toolkit is also available from the Child Health page within West Sussex Services for Schools

### Statement of Intent

Section 100 of the Children and Families Act 2014 places a duty on 'governing bodies of maintained schools, proprietors of academies and management committees of PRUs to make arrangements for supporting pupils at their school with medical conditions'. The governing body of BOLNEY CEPS will ensure that these arrangements fulfil their statutory duties and follow guidance outline in 'Supporting pupils at school with medical conditions' December 2015'.

Medicines will be administered to enable the inclusion of pupils with medical needs, promote regular attendance and minimise the impact on a pupil's ability to learn. In an emergency all teachers and other staff in charge of children have a common law duty of care to act for the health and safety of a child in their care – this might mean giving medicines or medical care.

### **Organisation**

The governing body will develop policies and procedures to ensure the medical needs of pupils at BOLNEY CEPS are managed appropriately. They will be supported with the implementation of these arrangements by the Head teacher and school staff.

The Lead for Managing Medicines at BOLNEY CEPS is ZOE BELTON or in their absence CAROLE WOOd. In their duties staff will be guided by their training, this policy and related procedures.

### **Implementation monitoring and review**

All staff, governors, parents/carers and members of the BOLNEY CEPS community will be made aware of and have access to this policy. This policy will be reviewed annually and its implementation reviewed and as part of the Head teacher's annual report to Governors.

### **Insurance**

Staff who follow the procedures outlined in this policy and who undertake tasks detailed in the RMP Medical Malpractice Treatment Table are covered under WSCC insurance policies. The medical audit is available to view on West Sussex Services for Schools under 'guide to insurance for schools'.

Claims received in respect of medical procedures not covered by the insurers will be considered under the Council's insurance fund.

#### Admissions

When the school is notified of the admission of any pupil the Lead for Managing Medicines will seek parental consent to administer short term-ad-hoc non-prescriptions medication using 'Template B: Parent/guardian consent to administer short-term non-prescribed 'ad-hoc' medicines'. An assessment of the pupil's medical needs will be completed this might include the development of an Individual Health Care Plans (IHP) or Education Health Care Plans (EHC) and require additional staff training. The school will endeavour to put arrangements in place to support that pupil as quickly as possible. However the school may decide (based on risk assessment) to delay the admission of a pupil until sufficient arrangements can be put in place.

### Pupils with medical needs

The school will follow Government guidance and develop an IHP or EHC for pupils who:

- Have long term, complex or fluctuating conditions these will be detailed using Template I (Appendix I)
- Require medication in emergency situations these will be detailed using Template 2 for mild asthmatics and Templates 3, 4, 5 and 6 for anaphylaxis (Appendix I).

Parents/guardians should provide the Head teacher with sufficient information about their child's medical condition and treatment or special care needed at school. Arrangements can then be made, between the parents/guardians, Head teacher, school nurse and other relevant health professionals to ensure that the pupil's medical needs are managed well during their time in school. Healthcare plans will be reviewed by the school annually or earlier if there is a change in a pupil's medical condition.

### All prescribed and non-prescribed medication

On no account should a child come to school with medicine if he/she is unwell. Parents may call into the school and administer medicine to their child, or they may request that a member of school staff administers the medicine. If a pupil refuses their medication, they should not be forced, the school will contact the parent/guardian and if necessary the emergency services. Pupils should not bring any medication to school for self-administration.

The school will keep a small stock of paracetamol and antihistamine, for administration with parental consent (template B or gained at the time of administration) for symptoms that arise during the school day. All other medication must be supplied by the parent/guardian in the original pharmacist's container clearly labelled and include details of possible side effects e.g. manufacturer's instructions and/or patient information leaflet (PIL). Medicines must be delivered to the school office with the appropriate consent form Template C and/or C1 (Appendix 2). The school will inform the parent/guardian of the time and dose of any medication administered at the end of each day by TEXT.

### **Confidentiality**

As required by the Data Protection Act 1998, school staff should treat medical information confidentially. Staff will consult with the parent, or the pupil if appropriate, as to who else should have access to records and other information about the pupil's medical needs and this should be recorded on the IHP or EHC. It is expected that staff with contact to a pupil with medical needs will as a minimum be informed of the pupil's condition and know how to respond in a medical emergency.

### **Consent to administer medication**

Parental/guardian consent to administer medication will be required as follows:

- Short term ad-hoc non-prescribed medication The school will request parent/guardian consent to administer ad-hoc non-prescription by either using Template B (Appendix 2) when the pupil joins the school OR by contacting the parent/guardian to gain consent at the time of administration (conversations will be recorded). The school will send annual reminders requesting parents/guardians to inform the school if there are changes to consent gained when the pupils joined the school. If the school is not informed of any changes by the parent/guardian it will be assumed that consent remains current.
- Prescribed and non-prescribed medication each request to administer medication must be accompanied by 'Parental consent to administer medication form (Appendix 2 Template C and/or C1) or if applicable on the IHP)

### **Prescription Medicines**

Medicine should only be brought to school when it is essential to administer it during the school day. In the vast majority of cases, doses of medicine can be arranged around the school day thus avoiding the need for medicine in school. Antibiotics for example are usually taken three times a day, so can be given with breakfast, on getting home from school and then at bedtime. Administration will be recorded using Template D or E and the parent/guardian informed. Parents/guardians are expected to remove any remaining medicine from school once the prescribed course has been completed.

### **Non-prescription Medicines**

Under exceptional circumstances where it is deemed that their administration is required to allow the pupil to remain in school the school will administer non-prescription medicines. The school will not administer alternative treatments i.e. homeopathic or herbal potions, pills or tinctures or nutrition supplements unless prescribed or recommended by a Doctor and detailed on an IHP or EHC as part of a wider treatment protocol. As recommended by the Government in 'Supporting Pupils at School with Medical Conditions December 2015' the school will also not administer aspirin unless prescribed. The storage and administration for non-prescription medication will be treated as prescription medicines.

If the relevant symptoms develop during the school day as detailed under the paragraph below 'short term ad-hoc non-prescribed medication' the school will administer the following non-prescription medications:

- paracetamol (to pupils of all ages)
- antihistamine.

All other non-prescription medications will only be administered by staff, providing:

- The parent/guardian confirms daily the time the medication was last administered and this is recorded on Template C1 (Appendix 2);
- medication is licensed as suitable for the pupil's age;
- medication is suitable for the pupil i.e. if a child is asthmatic the medication is suitable for that condition;
- administration is required more than 3 to 4 times per day;
- medication is supplied by the parent or guardian in the original packaging with the manufacturer's instructions and/or (PIL);
- and accompanied by parental/guardian consent Template C and C1 (Appendix 2) and confirmation the medication has been administered previously without adverse effect;

The school will NOT administer non-prescription medication:

- as a preventative, i.e. in case the pupil develops symptoms during the school day;
- if the pupil is taking other prescribed or non-prescribed medication, i.e. only one non-prescription medication will be administered at a time;
- Any requirement for a non-prescription medication to be administered during school hours for longer than 48 hours must be accompanied by a Doctor's note. In the absence of a Doctor's note and if following the administration of a non-prescription medication symptoms have not begun to lessen in the first 48 hours the school will advise the parent to contact their Doctor. If symptoms have begun to alleviate, the medication can continue to be administered at home out of school hours. Under very exceptional circumstances where the continued administration of a non-prescribed medication is required to keep the pupil in school and this requirement has not been documented by a medical professional the school will continue to administer medication at their own discretion.
- A request to administer the same or a different non-prescription medication that is for the same/initial condition will not be repeated for 2 weeks after the initial episode; and not for more than 2 episodes per term - it will be assumed that the prolonged expression of symptoms requires medical intervention, and parents/guardians will be advised to contact their Doctor.
- Skin creams and lotions will only be administered in accordance with the Schools Intimate Care Policy and procedures.
- Medication that is sucked i.e. coughs sweets or lozenges, will not be administered by the school.
- if parents/guardians have forgotten to administer non-prescription medication that is required before school – requests to administer will be at the discretion of the school and considered on an individual basis.

### Short term ad-hoc non-prescribed medication

A small stock of standard paracetamol and antihistamine will be kept by the school for administration if symptoms develop during the school day.

ONLY the following will be administered following the necessary procedures:

- For relief from pain
  - Standard Paracetamol will be administered in liquid or tablet form for the relief of pain i.e. period pain, migraine.
- For mild allergic reaction anti-histamine (see Anaphylaxis)
- For travel sickness medication will be administered if required before educational visits and must be age appropriate and supplied by the parent/guardian in its original packaging with the PIL if available.

Only I dose of any of the above medications suitable to the weight and age of the pupil will be administered during the school day.

### Pain relief protocol for the administration of paracetamol

If a request for non-prescribed pain relief is made by a pupil or carer/staff (advocate for a non-verbal/non-communicating pupil) before Ipm:

- The school will contact the parent/guardian and confirm that a dose of pain relief (Paracetamol) was NOT administered before school, parents/guardians and if appropriate the pupil will also be asked if they have taken any other medication containing pain relief medication i.e. decongestants e.g. Sudafed, cold and flu remedies e.g. Lemsip and medication for cramps e.g. Feminax etc. and these conversations will be recorded. If a dose of pain relief has not been administered in the past 4 hours the school will with parental consent administer 1 dose.
- If the school cannot contact the parent/guardian and therefore cannot confirm if pain relief (Paracetamol) was administer before school then the school will refuse to administer pain relief.

If a dose of pain relief has been administered before school:

• PARACETAMOL - The school will not administer paracetamol until 4 hours have elapsed since the last dose (assume 9am) no more than 4 doses can be administered in 24 hours.

If a request for pain relief is made after Ipm:

The school will assume the recommended time between doses has elapsed and will with
parental consent, administer I standard of dose of Paracetamol without any need to
confirm with the parent/guardian if a dose was administered before school, but if
appropriate the pupil will still be asked if they have taken any other medication
containing pain relief medication and this conversation will be recorded.

The school will inform the parent/guardian if pain relief has been administered this will include the type of pain relief and time of administration.

#### **Asthma**

The school recognises that pupils with asthma need access to relief medication at all times. The school will manage asthma in school as outlined in the Asthma Toolkit. Pupils with asthma will be required to have an emergency inhaler and a spacer (if prescribed) in school. The school may ask the pupils parent or guardian to provide a second inhaler. Parents are responsible for this medication being in date and the school will communicate with the parents if new medication is required and a record of these communications will be kept. The school inhaler will only be used in an emergency and will always be used with a spacer as outlined in the Asthma Toolkit. The school will develop IHP's for those pupils with severe asthma, and complete the Individual Protocol for pupils with mild asthma. Once a school spare spacer is used, it will be sent home with that child to be replaced for new.

### **Anaphylaxis**

Every effort will be made by the school to identify and reduce the potential hazards/ triggers that can cause an allergic reaction to pupils diagnosed with anaphylaxis within the school population. The school complies with the School Nursing Service recommend that all staff are trained in the administration of auto injectors and that training is renewed annually.

In accordance with the Medicines and Healthcare Products Regulatory Agency (MHRA) advice the school will ask parent/ guardian(s) to provide 2 auto-injectors for school use. Parents are responsible for this medication being in date and the school will communicate with the parents if new medication is required and a record of these communications will be kept.

### Mild Allergic Reaction

Non-prescription antihistamine will with parental consent be administered for symptoms of mild allergic reaction (i.e. itchy eyes or skin, rash or/and redness of the skin or eyes), the pupil must be monitored for signs of further allergic reaction. If antihistamine is not part of an initial treatment plan, anaphylaxis medication will be administered following the guidance for short term ad-hoc non-prescribed medication.

Some antihistamine medication can cause drowsiness and therefore the school will consider if it is necessary for pupils to avoid any contact hazardous equipment after administration of the medication i.e. P.E. Science, Design and Technology.

### Hay fever

Parent(s)/guardian(s) will be expected to administer a dose of antihistamine to their child before school for the treatment of hay fever. The school will only administer antihistamine for symptoms of allergic reaction and not as a precautionary measure.

### Severe Allergic Reaction

Where a GP/Consultant has recommended or prescribed antihistamine as an initial treatment for symptoms of allergic reaction this will be detailed on the pupils IHP. The school will

administer I standard dose of antihistamine (appropriate to age and weight of the pupil) and it is very important that symptoms are monitored for signs of further allergic reaction. During this time pupils must <u>NEVER</u> be left alone and should be observed at all times.

If symptoms develop or there are any signs of anaphylaxis or if there is any doubt regarding symptoms then if the pupil has been prescribed an adrenaline auto injector it will be administered without delay an ambulance called and the parents informed.

### **Medical Emergencies**

In a medical emergency, first aid is given, an ambulance is called and parents/carers are notified. Should an emergency situation occur to a pupil who has an IHP or EHC, the emergency procedures detailed in the plan are followed, and a copy of the IHP or EHC is given to the ambulance crew. If applicable the pupil's emergency medication will be administered by trained school staff, if the pupils medication isn't available staff will administer the schools emergency medication with prior parental consent.

In accordance with amendments made to the Human Medicines Regulations 2012 from October 2014 a sufficient number of salbutamol inhaler(s) spacer(s) will be held by the school to cover emergency use. Parents are expected to provide 2 in date auto-injectors for administration to their child, if the school does not hold 2 in date auto-injectors for each pupil then a suitable number of auto-injectors will be purchased for use by the school in an emergency.

Parental consent to administer the 'school inhaler and/or auto-injector' will be gained when the pupil joins the school using Template 2 for asthmatics and Templates 3, 4, 5 and 6 for anaphylaxis (Appendix 1). The school will hold a register of the pupils diagnosed with asthma and/or anaphylaxis, and if parental consent has been given to administer the school medication. The school will be responsible for ensuring the school medication remains in date.

Instructions for calling an ambulance are displayed prominently by the telephone in the office. (Appendix 2 Template G)

### Controlled Drugs

The school does not deem a pupil prescribed a controlled drug (as defined by the Misuse of Drugs Act 1971) as competent to carry the medication themselves whilst in school. Controlled drugs will be stored securely in a non-portable locked medicines cabinet in a locked room and only named staff will have access. Controlled drugs for emergency use e.g. midazolam will not be locked away and will be easily accessible. The administration of a controlled drug will be witnessed by a second member of staff and records kept. In addition to the records required for the administration of any medication, a record will be kept of any doses used and the amount of controlled drug stock held in school. (Appendix 2 Templates D and E)

### Pupils taking their own medication

For certain long-term medical conditions, it is important for children to learn how to self-administer their medication. Appropriate arrangements for medication should be agreed and documented in the pupil's IHP or EHC and parents should complete the self-administration section of 'Parental consent to administer medication' form (Template C Appendix I).

### Storage and Access to Medicines

All medicines apart from emergency medicines (inhalers, adrenaline auto injector, midazolam etc.) will be kept securely (where access by pupils is restricted). Medicines are always stored in the original pharmacist's container. Pupils are told where their medication is stored and who holds the key and staff will be fully briefed on the procedures for obtaining their medication.

Emergency medicines such as inhalers, adrenaline auto injectors and midazolam must not be locked away. If appropriate certain emergency medication can be held by the pupil, or kept in a clearly identified container in his/her classroom. The school will make an assessment as to the competency of each individual pupil to carry their own medication. Parents will be asked to supply a second adrenaline auto injector and/or asthma inhaler for each child and they will be kept in the school office. Staff must ensure that emergency medication is readily available at all times i.e. during outside P.E. lessons, educational visits and in the event of an unforeseen emergency like a fire.

Medicines that require refrigeration are kept in the staff room medical fridge to which pupil access is restricted, and will be clearly labelled in an airtight container. There are specific arrangements in place for the storage of controlled drugs see page 7.

### Waste medication

Where possible staff should take care to prepare medication correctly. If too much medication is drawn into a syringe the remainder (amount above the required dose) should be returned to the bottle before administration. If only a half tablet is administered the remainder should be returned to the bottle or packaging for future administration.

If a course of medication has been completed or medication is date expired it will be returned to the parent/guardian for disposal.

### **Spillages**

A spill must be dealt with as quickly as possible and staff are obliged to take responsibility/follow the guidelines. Spillages will be cleared up following the schools procedures and considering the control of infection. Any spilled medication will be deemed unsuitable for administration and if necessary parents will be asked to provide additional medication.

### **Record Keeping - administration of medicines**

For legal reasons records of all medicines administered are kept at the school until the pupil reaches the age of 24. This includes medicines administered by staff during all educational or residential visits. The pupil's parent/ guardian will also be informed if their child has been unwell during the school day and medication has been administered. For record sheets see Appendix 2 Template D and E.

### **Recording Errors and Incidents**

If for whatever reason there is a mistake made in the administration of medication and the pupil is:

- Given the wrong medication
- Given the wrong dose
- Given medication at the wrong time (insufficient intervals between doses)
- · Given medication that is out of date
- Or the wrong pupil is given medication

Incidents must be reported to the Schools Senior Management Team who will immediately inform the pupil's parent/guardian. Details of the incident will be recorded locally as part of the schools local arrangements. Local records must include details of what happened, the date, who is responsible and any effect the mistake has caused. Senior Management will investigate the incident and change procedures to prevent reoccurrence if necessary. NB: Incidents that arise from medical conditions that are being well managed by the school do not need to be reported or recorded locally.

### Staff Training

The school will ensure a sufficient number of staff complete Manging Medicines in Schools training before they can administer medication to pupils. The school will also ensure that other staff who may occasionally need to administer a medicine are trained in the procedure adopted by the school by the person who has completed the Managing Medicines course. Staff given instruction by the Lead for Medicines MUST complete a competency test and achieve a score of 100% in order to administer medication.

Supply and locum staff will be given appropriate instruction and guidance in order to support the pupils with medical needs in their care. All school staff are trained annually to administer an auto-injector and asthma inhaler in an emergency.

A record of all training must be maintained to show the date of training for each member of staff and when repeat or refresher training is required.

The school will ensure that the staff who administer medicine for specific chronic conditions are trained to administer those specific medicines, for example, Diabetes (insulin) Epilepsy (midazolam). Training in the administration of these specific medicines is arranged via the school nurse.

### **Educational Visits (Off - site one day)**

Staff will administer prescription medicines to pupils when required during educational visits. Parents should ensure they complete a consent form (Appendix 2 Template C) and supply a sufficient amount of medication in its pharmacist's container. Non-prescription medicines as detailed in this policy can be administered by staff, pupils must not carry non-prescription medication for self-administration.

All staff will be briefed about any emergency procedures needed with reference to pupils where needs are known and copies of care plans will be taken by the responsible person.

#### Residential Visits (overnight stays)

The school acknowledges the common law 'duty of care' to act like any prudent parent. This extends to the administration of medicines and taking action in an emergency, according to the care plan.

Occasionally it may be necessary to administer non-prescription medicines as described in this policy i.e. antihistamine to pupils suffering from an allergic reaction or paracetamol for acute pain from things like headache, period pain, toothache etc. Parents must give written consent prior to the residential visit and sign to confirm that they have administered the medication without adverse effect.

The school will keep its own supply of the following non-prescription medication (Paracetamol and Antihistamine) for administration to pupils during a residential visit and parental consent will be required in order for the school to administer their supply (Appendix 2 Template C and CI). The medication will be stored and administration recorded as for prescription medicines. Pupils should not bring non-prescribed medication on the residential visit for self-administration.

### Risk assessing medicines management on all off site visits

Pupils with medical needs shall be included in visits as far as this is reasonably practicable. School staff will discuss any issues with parents and/or health professionals so that extra measures (if appropriate) can be put in place. A copy of the pupils IHP or EHP will be taken on the visit and detail arrangements relating to the management of their medication(s) during the visit should be included in the plan.

If a pupil requires prescribed or non-prescribed medication during visit and an IHP or EHP has not been developed and the management of their medication differs from procedures followed whilst in school, the school will conduct a risk assessment and record their findings.

Travelling abroad – a risk assessment will be developed considering parental and medical advice and documented on the pupils IHP or EHP. If an IHP or EHP has not been developed, the school will record their findings. Best practice would be to translate these documents to the language of the country being visited. The international emergency number should be on the care plan (112 is the EU number). European Health Insurance Cards (EHIC) should be applied for by parents and supplied to the school prior to travel for all pupils that travel abroad.

The results of risk assessments however they are recorded i.e. IHP, EHP etc. will be communicated to the relevant staff and records kept of this communication.

### **Complaints**

Issuing arising from the medical treatment of a pupil whilst in school should in the first instance be directed to the Head teacher. If the issue cannot easily be resolved the Head teacher will inform the governing body who will seek resolution.

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Appendix I – WSCC Care Plan Templates September 2017 (page 12)
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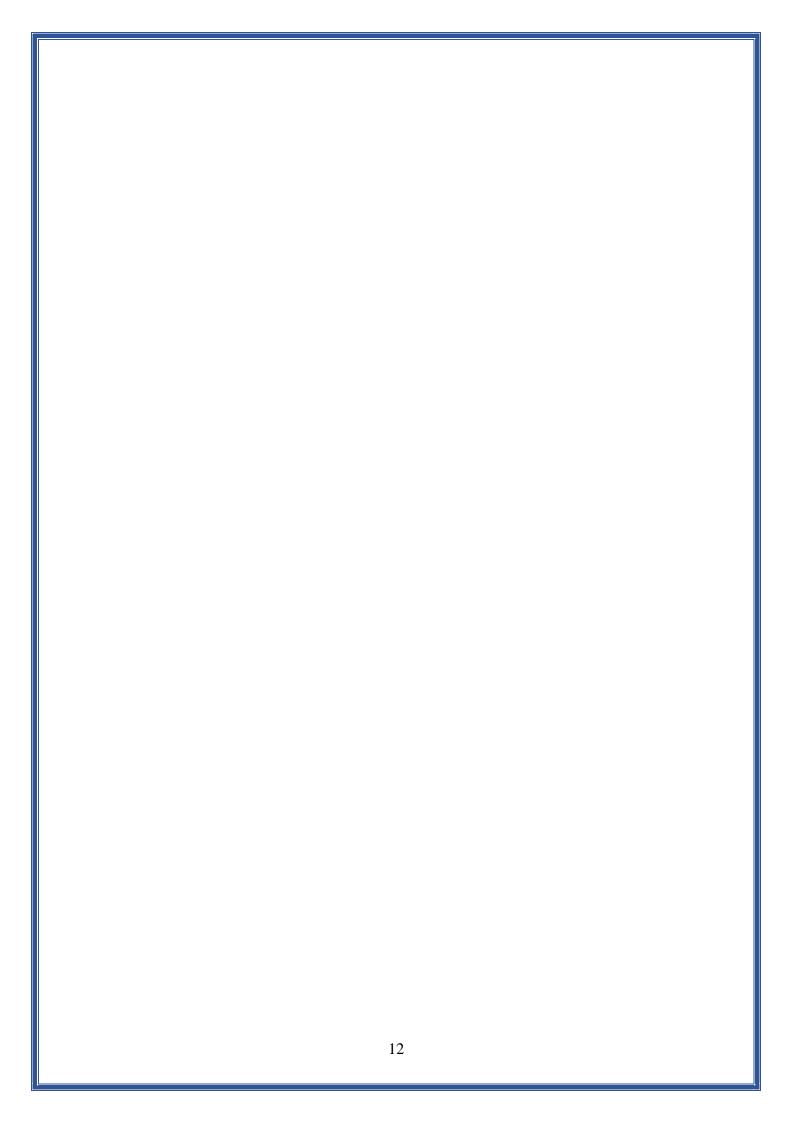
Appendix 2 – WSCC Administering Medicines Templates September 2017 (page 31)

Appendix 3 – Summary guidance medicines policy (page 44)

Appendix 4 – Administering Medicines Guidance September 2017 (page 45)

Appendix 5 – Asthma Toolkit (page 49)

Appendix 6 – Staff Competency test (page 57)





### **Appendix 1**

## West Sussex County Council Care Plan Templates

Supporting pupils with medical conditions
September 2017

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### Model process for developing individual healthcare plans

Parent or healthcare professional informs school that child has been newly diagnosed, or is due to attend new school, or is due to

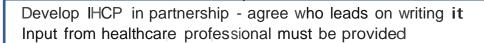
return to school after a long-term absence, or that needs have changed

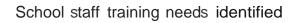


Headteacher or senior member of school staff to whom this has been delegated, co-ordinates meeting to discuss child's medical support needs; and identifies member of school staff who will provide support to pupil.



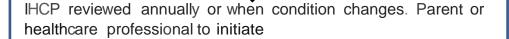
Meeting to discuss and agree on need for IHCP to include key school staff, child, parent, relevant healthcare professional and other medical/health clinician as appropriate (or to consider written evidence provided by them)







IHCP implemented and circulated to all relevant staff



### Template 1: individual healthcare plan (IHCP)

Attach photograph here

Name of school/setting	
Child's name	
Group/class/form	
Date of birth	
Child's address	
Medical diagnosis or condition	
Date	
Review date	
Family Contact Information	
Name	
Relationship to child	
Phone no. (work)	
(home)	
(mobile)	
Name	
Relationship to child	
Phone no. (work)	
(home)	
(mobile)	
Clinic/Hospital Contact	
Name	
Phone no.	
G.P.	
Name	
Phone no.	
Who is responsible for providing support in school	
Describe medical needs and give details of child's sympenvironmental issues etc.	toms, triggers, signs, treatments, facilities, equipment or devices,
Name of medication, dose, method of administration, whadministered with/without supervision	nen to be taken, side effects, contra-indications, administered by/self-

Daily care requirements

Specific support for the pupil's educational, so	ocial and emotional needs	
Arrangements for school visits/trips etc		
Other information		
Describe what constitutes an emergency, and	d the action to take if this occurs	
Who is responsible in an emergency (state if	different for off-site activities)	
Plan developed with		
Staff training needed/undertaken – who, wha	t. when	
Coan manning necessarian and an arrangement	,	
consent to school/setting staff ad policy. I will inform the school or frequency of the medication of	best of my knowledge, accurate at the time Iministering medicine in accordance with the setting immediately, in writing, if there is a r if the medicine is stopped. I agree that my chool staff responsible for their care.	ne school/setting any change in dosage
Signed by parent or guardian	Print name	
Date	Review date	
Copies to:		

### Template 2: Individual protocol for Mild Asthma

Please complete t	he questions below	, sign this form and	return withou	ıt delay.	
CHILD'S NAME		School use attach photo			
D.O.B				here	
Class					
Contact Information	on		L		
Name			Relationship	to	
Phone numbers	Work	Home	pupil Mobile	Other	
If I am unavailable		Tionic	WIODIIC	Other	
Name			Relationship	to	
		1	pupil		
Phone numbers	Work	Home	Mobile	Other	
•	d need an inhaler in	·			
	information on you and how many puffs		atment. (Inclu	ude the name, type of	
 D. (1 - 1	0				
Do they have a sp	acer?				
3. What triggers ye	our child's asthma?				
event that the first child's name and	inhaler runs out is	lost or forgotten. Inf before they reach	nalers must be	ers may be required in the e clearly labelled with your date. The school will also	
Please delete as a	appropriate:				
My chil	ld carries their own	inhaler <u>YES/NO</u>			
My chil school		S NOT REQUIRE a	a spacer and l	I have provided this to the	
	ware I am responsib ool use and will sup			n date inhaler(s)/spacer le. <u>YES/NO</u>	
5. Does your child	l need a blue inhale	r before doing exer	cise/PE? If so	o, how many puffs?	

6. Do you give consent for the following treatment to be given to your child as recognised by Asthma Specialists in an emergency? - Yes/No (delete as appropriate)

- Give 6 puffs of the blue inhaler via a spacer
- Reassess after 5 minutes
- If the child still feels wheezy or appears to be breathless they should have a further 4
  puffs of the blue inhaler via a spacer
- Reassess after 5 minutes
- If their symptoms are not relieved with 10 puffs of blue inhaler then this should be viewed as a serious attack:
- CALL AN AMBULANCE and CALL PARENT
- While waiting for an ambulance continue to give 10 puffs of the reliever inhaler every few minutes

Please sign below to confirm you agree the following:

- I agree to ensure that my child has in-date inhalers and a spacer (if prescribed) in school.
- I give consent for the school to administer my child's inhaler in accordance with the emergency treatment detailed above.
- I agree that the school can administer the school emergency salbutamol inhaler if required.

Signed: ......Print name.....

• I agree that my child's medical information can be shared with school staff responsible for their care.

Date I am the person with parental responsibility					
Please remember to inform the school if there are any changes in your child's treatment or condition. Thank you					
Parental Update (only to be completed if your child no longer has asthma)					
My child no long- requires an inhaler in school or on school visits.	er has asthma and therefore no longer				
Signed	Date				
I am the person with parental responsibility					
For office year					

#### For office use:

	Provided by parent/school	Location (delete as appropriate)	Expiry date	Date of phone call requesting new inhaler	Date of letter (attach copy)
1 <sup>st</sup> inhaler		With pupil/In			
		classroom			
2 <sup>nd</sup> inhaler		In office/first aid			
Advised		room			
Spacer (if					
required)					
D 1 ( )		. 1			

Record any further follow up with the parent/carer:

### <u>Template 3 : Individual protocol for Antihistamine as an initial treatment protocol for mild allergic reaction</u>

CHILD'S NAME				School use		
D.O.B	attach photo here					
Class						
Nature of Allergy:						
Contact Information	n .					
Name	1		Relationsh	ip to		
	1	T	pupil			
Phone numbers	Work	Home	Mobile	Other		
If I am unavailable	please contact	•	1			
Name			Relationsh	ip to		
Phone numbers	Work	Home	pupil Mobile	Other		
GP Name: Phone No: Address:  MEDICATION - Antihistamine  Name of antihistamine & expiry date  It is the parents responsibility to ensure the Antihistamine has not expired  Dosage & Method: As prescribed on the container.  It is the schools responsibility to ensure this care plan is reviewed and parents inform the school of any changes in condition or treatment.						
I agree that the n involved with my administer anti-h	nedical informa ochild's care ar nistamine as pa	ntion contained in and education, and	this plan may l I I give my cons eatment for and	Date De shared with individual sent to the school to aphylaxis. I confirm I	duals	
Signed:name		Oate				

### Individual protocol for using Antihistamine (e.g. Piriton)

### Symptoms may include:

- Itchy skin
- Sneezing, itchy eyes, watery eyes, facial swelling (does not include lips/mouth)
- Rash anywhere on body

### Inform parent/guardian to collect

from school

### **Stay Calm**

### Reassure

Give Antihistamine
delegated person
responsible to administer
antihistamine, as per
instructions on prescribed
bottle

Observe patient and monitor symptoms

If symptoms progress and there is any difficulty in swallowing/speaking /breathing/ cold and clammy Dial 999

A = Airway
B = Breathing
C = Circulation

If child is prescribed an adrenaline auto injector administer it - follow instructions on protocol

### If symptoms progress Dial 999 - Telephone for an ambulance

You need to say: "I have a child in anaphylactic shock".

Give school details:

**Give details:** Pupils name has a severe allergy and what has happened.

DO NOT PUT THE PHONE DOWN UNTIL YOU ARE SURE ALL THE NECESSARY INFORMATION HAS BEEN GIVEN

Someone to wait by the school gate to direct the ambulance staff straight to the child.

### Template 4 : Individual protocol for an Emerade adrenaline auto injector

CHILD'S NAME				School use attach photo		
D.O.B	.O.B					
Class						
Nature of Allergy:						
Contact Informatio	n					
Name			Relationsh pupil	nip to		
Phone numbers	Work	Home	Mobile		Other	
If I am unavailable	please	contact:				
Name			Relationsh pupil	nip to		
Phone numbers	Work	Home	Mobile		Other	
Name: Phone No: Address:  MEDICATION Emerade Name on Emerade & expiry date:						
It is the parents responsibility to supply 2 EMERADE auto injectors and to ensure they have not expired  Dosage & Method: 1 DOSE INTO UPPER OUTER THIGH						
The school staff will take all reasonable steps to ensure						
<ul> <li>It is the schools responsibility to ensure this care plan is reviewed and parents inform the school of any changes in condition or treatment.</li> </ul>						
Agreed by: Schoo	l Repre	sentative		Da	te	
I agree that the medical information contained in this plan may be shared with						

individuals involved with my child's care and education.

 I give my consent for the school to administer my child's Emerade or the school held adrenaline auto-injector (if my child's pen is lost/forgotten or malfunctions) to be administered in an emergency as detailed in this plan

Signed:	Print name
Date	
am the person with parental responsibility	
Individual protocol for	using an FMFRADE (Adrenaline auto injector)

### Symptoms may include:

- Difficulty in swallowing / speaking / breathing
- Wheezy / irregular breathing / excessive coughing
- Hoarseness
- Nettle rash (hives) anywhere on body
- Sense of impending doom
- Swelling of throat and mouth
- Abdominal pain, nausea & vomiting
- Feeling of weakness (BP drops)
- Collapse & unconsciousness
- Cold and clammy

### Stay Calm

Reassure.....

One member of staff to Dial 999

### **REMEMBER**

A = Airway
B = Breathing
C = Circulation

### Give <u>EMERADE</u> first then dial 999 Administer Emerade in the upper outer thigh

Remove cap protecting the needle Hold Emerade against upper outer thigh and press it against patients leg. You will hear a click when the adrenaline is injected.

Hold Emerade in place for 10 seconds.

Can be given through clothing, but not very thick clothing.

Note time injection given.

If no improvement give 2<sup>nd</sup> EMERADE 5 minutes later

### **Call Parents**

Reassure

#### Telephoning for an ambulance

You need to say: "I have a child in anaphylactic shock".

Give school details:

**Give details:** Childs name has a severe allergy and what has happened.

DO NOT PUT THE PHONE DOWN UNTIL YOU ARE SURE ALL THE NECESSARY
INFORMATION HAS BEEN GIVEN

Someone to wait by the school gate to direct the ambulance staff straight to the child.

### Template 5 : Individual protocol for an Epipen adrenaline auto injector

CHILD'S NAME					School use			
D.O.B					ch photo here			
Class								
Nature of Allergy:								
Contact Informatio	n							
Name						nship to		
	\A/		11		pupil		Other	
Phone numbers	Work		Home		Mobile		Other	
If I am unavailable	please	contact:			Dalatia	nahin ta		
Name					pupil	nship to		
Phone numbers	Work		Home		Mobile		Other	
GP Name: Phone No:			1	Clinic Name Phone		tal Contact		
Address:				Addre	_			
MEDICATION E	PIPE	N		7 laaro	00.			
Name on EPIPE								
1141110 011 21 11 21		ipiry dato.						
It is the pa they have			y to sup	ply 2 EPIP	EN auto	o injectors a	and to ensur	e
Dosage & Metho	d: 1 D	OSE INTO	UPPER	OUTER T	HIGH			
The school staff will take all reasonable steps to ensure  does not eat any food items unless they have been prepared / approved by parents								
		responsibilit ol of any cha					d and parent	ts
Agreed by: Schoo	l Repre	esentative				Dat	te	
	<ul> <li>I agree that the medical information contained in this plan may be shared with individuals involved with my child's care and education.</li> </ul>							
held adren								
Signed:			Prin	nt name				
Date I am the person with pare	ntal resp	onsibility						

### Individual protocol for using an **Epipen** (Adrenaline Auto injector)

### Symptoms may include:

- Difficulty in swallowing / speaking / breathing
- Wheezy / irregular breathing / excessive coughing
- Hoarseness
- Nettle rash (hives) anywhere on body
- Sense of impending doom
- Swelling of throat and mouth
- Abdominal pain, nausea & vomiting
- Feeling of weakness (BP drops)
- Collapse & unconsciousness
- Cold and clammy

### **Stay Calm**

Reassure .....

One member of staff to Dial 999

### **REMEMBER**

A = AIRWAY
B = BREATHING
C = CIRCULATION

### Give <u>EPIPEN</u> first then dial 999 Administer Epipen in the upper outer thigh

Remove grey safety cap Hold epipen with black tip downwards against thigh jab firmly.

### Hold epipen in place for 10 seconds

Can be given through clothing, but not very thick clothing. Note time of injection given

If no improvement give 2<sup>nd</sup> EPIPEN <u>5 minutes</u> later

### **Call Parents**

Reassure

### Telephoning for an ambulance

You need to say: "I have a child in anaphylactic shock".

Give school details:

**Give details:** Childs name has a severe allergy and what has happened.

DO NOT PUT THE PHONE DOWN UNTIL YOU ARE SURE ALL THE NECESSARY
INFORMATION HAS BEEN GIVEN

Someone to wait by the school gate to direct the ambulance staff straight to the child.

### Template 6 : Individual protocol for an Jext pen adrenline auto injector

CHILD'S NAME	School use							
D.O.B. attach photo here								
Class								
Nature of Allergy:								
Contact Information	n							
Name			Relationsh pupil	Relationship to				
Phone numbers	Work	Home	Mobile	Other				
If I am unavailable	please contact:		I					
Name			Relationsh	ip to				
			pupil					
Phone numbers	Work	Home	Mobile	Other				
GP Name: Name: Phone No: Address: MEDICATION Name on JEXT Name on JEXT & expiry date:  It is the parents responsibility to supply 2 JEXT pen auto injectors and to ensure they have not expired  Dosage & Method: 1 DOSE INTO UPPER OUTER THIGH  The school staff will take all reasonable steps to ensure does not eat any food items unless they have been prepared / approved by parents  It is the schools responsibility to ensure this care plan is reviewed and parents inform the school of any changes in condition or treatment.								
<ul> <li>I agree that the medical information contained in this plan may be shared with individuals involved with my child's care and education.</li> <li>I give my consent for the school to administer my child's Jext pen or the school held adrenaline auto-injector (if my child's pen is lost/forgotten or malfunctions) to be administered in an emergency as detailed in this plan.</li> </ul>								
Signed:								

### Individual protocol for using a JEXT Pen (Adrenaline Autoinjector)

### Symptoms may include:

- Difficulty in swallowing / speaking / breathing
- Wheezy / irregular breathing / excessive coughing
- Hoarseness
- Nettle rash (hives) anywhere on body
- Sense of impending doom
- Swelling of throat and mouth
- Abdominal pain, nausea & vomiting
- Feeling of weakness (BP drops)
- Collapse & unconsciousness
- Cold and clammy

### Then call 999 Administer in the upper thigh

**Give JEXT pen first** 

Remove yellow cap, place black tip against upper outer thigh, push injector firmly into thigh until it clicks.

### Hold in JEXT Pen in place for 10 seconds.

Can be given through clothing, but not very thick clothing

Note time of injection given

If no improvement give

2<sup>nd</sup> JEXT Pen

5 minutes later

### **Call Parents**

Reassure

### Telephoning for an ambulance

Stay Calm

Reassure .....

One member of staff

REMEMBER

You need to say: "I have a child in anaphylactic shock".

Give school details:

to Dial 999

A = AIRWAY

B = BREATHING C = CIRCULATION

**Give details:** Childs name has a severe allergy and what has happened.

DO NOT PUT THE PHONE DOWN UNTIL YOU ARE SURE ALL THE NECESSARY INFORMATION HAS BEEN GIVEN

Someone to wait by the school gate to direct the ambulance staff straight to the child.

### Template 7: model letter inviting parents to contribute to individual healthcare plan development

Dear Parent/Guardian

#### DEVELOPING AN INDIVIDUAL HEALTHCARE PLAN FOR YOUR CHILD

Thank you for informing us of your child's medical condition. I enclose a copy of the school's policy for supporting pupils at school with medical conditions for your information.

A central requirement of the policy is for an individual healthcare plan to be prepared, setting out what support the each pupil needs and how this will be provided. Individual healthcare plans are developed in partnership between the school, parents, pupils, and the relevant healthcare professional who can advise on your child's case. The aim is to ensure that we know how to support your child effectively and to provide clarity about what needs to be done, when and by whom. Although individual healthcare plans are likely to be helpful in the majority of cases, it is possible that not all children will require one. We will need to make judgements about how your child's medical condition impacts on their ability to participate fully in school life, and the level of detail within plans will depend on the complexity of their condition and the degree of support needed.

A meeting to start the process of developing your child's individual health care plan has been scheduled for xx/xx/xx. I hope that this is convenient for you and would be grateful if you could confirm whether you are able to attend. The meeting will involve [the following people]. Please let us know if you would like us to invite another medical practitioner, healthcare professional or specialist and provide any other evidence you would like us to consider at the meeting as soon as possible.

If you are unable to attend, it would be helpful if you could complete the attached individual healthcare plan template and return it, together with any relevant evidence, for consideration at the meeting. I [or another member of staff involved in plan development or pupil support] would be happy for you contact me [them] by email or to speak by phone if this would be helpful.

Yours sincerely

### Template 8: Example letter to send to parent/guardian who has not provided an in-date inhaler or auto injector. Please amend as necessary for the individual circumstances.

Dear (Name of parent)

Following today's phone call regarding (name of pupil)'s asthma inhaler/adrenaline auto injector, I am very concerned that in date medication has not been provided. You have confirmed on the Individual Protocol that (name of pupil) requires an inhaler in school and you have agreed to provide the medication. Please ensure that the following are provided without delay:

- an inhaler/ adrenaline auto injector
- a spacer

If (name of pupil) no longer requires an inhaler/auto injector, please inform the school in writing as soon as possible.

Please be aware that in the absence of in date medication, should (name of pupil) suffer an attack, and you have given your consent staff will administer the schools reliever inhaler/adrenaline auto injector. However if you have not given consent for the school reliever inhaler/adrenaline auto injector to be administered staff will not be able to follow suitable emergency procedures. They will be reliant on calling 999 and awaiting the Emergency Services.

Yours sincerely

### Protocol for the administration of Paracetamol

- Paracetamol can be administered to children of any age, dose must be suitable for their age and weight
- Verbal parental consent must be gained during the day to administer paracetamol between the start of school day and 1pm. If the parents cannot be contacted paracetamol cannot be administered. Conversation with parent/guardian must be recorded.
- The school can administer paracetamol without additional parental consent on the day between 1pm and end of school day.
- If paracetamol is administered at any time during the school day parents will be informed of the time of administration and dosage.
- The school will keep records of the administration of paracetamol as for prescribed medication.
- Pupils must not bring paracetamol (or other types of painkillers) to school for self-administration.

### Use with caution:

- Liver problems
- Kidney problems
- Long term malnutrition
- Long term dehydration
- Epilepsy

#### **SIDE EFFECTS:**

- Allergic reaction rash, swelling difficulty breathing
- Low blood pressure and a fast heartbeat
- Blood disorders
- Liver and kidney damage (overdose)

### Do not administer if the pupil is also taking any of the following drugs:

- Metoclopramide (relieves sickness and indigestion)
- Carbamazepine (treats a number of conditions including epilepsy)
- Phenobarbital or phenytoin (used to control seizures)
- Lixisenatide used to treat type 2 diabetes)
- Imatinib used to treat leukaemia
- Other drugs containing paracetamol e.g. Lemsip, Sudofed, Feminax

# IF YOU SUSPECT AN OVERDOSE CALL 999 IMMEDIATELY only 4 dose in 24 hours Protocol for the administration of Ibuprofen

- Ibuprofen can ONLY be administered to pupils AGE 12 and OVER and dose must be suitable for their age and weight for period pain, migraine and pain symptoms that include inflammation/swelling e.g. joint pain, sprains;
- Verbal parental consent must be gained during the day to administer ibuprofen between the start of school day and 12pm. If the parents cannot be contacted ibuprofen cannot be administered. Conversation with parent/guardian must be recorded.
- If parents confirm they have administered Ibuprofen in the morning then the school CANNOT ADMINISTER ANOTHER DOSE that day.
- The school can administer Ibuprofen without additional parental consent on the day between 12pm and end of school day.
- If Ibuprofen is administered at any time during the school day parents will be informed of the time of administration and dosage.
- The school will keep records of the administration of Ibuprofen as for prescribed medication.
- Pupils must not bring Ibuprofen (or other types of painkillers) to school for self-administration.

### DO NOT ADMINISTER TO ASTHMATICS

#### Use with caution:

- Kidney or liver problems
- Stomach ulcer
- Heart problems
- Lupus
- Crohn's disease or ulcerative colitis
- High blood pressure
- Stroke

### **SIDE EFFECTS**

- nausea or vomiting constipation or diarrhoea
- indigestion or abdominal pain headache or dizziness
- bloating (fluid retention)
- raised blood pressure
- allergic reaction e.g. rash
- worsening asthma
- kidney failure
- black stools /blood in stool

### Do not administer if the pupil is also taking any of the following drugs:

- Other Non-steroidal anti-inflammatory drugs (NSAID's) should not take more than one NSAID at a time
- Anti-depressants
- Beta blockers to treat high blood pressure/migraines
- Diuretics to remove excess fluid in the body

### **BOLNEY C.E.P. SCHOOL**

Church Lane, Bolney, Haywards Heath, West Sussex RH17 5QP
Tel: 01444-881352 Fax: 01444-881047
E-mail: office@bolneyprimary.school
Web: http://bolneyschool.org.uk/

# Appendix 2 WSCC Administering Medicines Templates

Supporting pupils with medical conditions

September 2017

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### Template A: Pupil Health Information Form (given on entry to school)

This information will be kept securely with your child's other records. If further information is needed we will contact you. Please do not hesitate to contact the school if there are any issues you wish to discuss.

D.O.B

Year/Tutor Group

**Childs Name** 

Gender

Please complete if applicable Has your child been diagnosed with or are you concerned about any of the following:						
Condition	Yes	No	Medication			
Asthma NB:Parents of pupils with mild asthma must also sign an asthma protocol form (template 2 in Appendix 1) available from the school						
Allergies/Anaphylaxis NB:Parents of pupils prescribed an auto injector must also sign The relevant auto injector protocol form (template 3, 4, 5 in Appendix 1 or available from the school)						
Epilepsy						
Diabetes						

Condition	Medication, emergency requirements	
ealth, continue on a s	below to tell us about any other concerns you have rega separate sheet if necessary:	raing your chii

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Template B: Parent/guardian consent to administer short-term non-prescribed 'ad-hoc' medicines (given on entry to school and annual review)

The school will not administer medication unless this form is completed and signed. This information will be kept securely with your child's other records. If further information is needed we will contact you. Please do not hesitate to contact the school if there are any issues you wish to discuss.

Pupils Name	D.O.B
Gender	Year/Tutor Group
your child develops the relevant symptoms du suitable to their age and weight. You will be in	Iminister the following non-prescription medication if aring the school day. Pupils will be given a standard dose formed when the school has administered medication wool holds a small stock of the following medicines:
Ibuprofen (pupils age 12 and over)	
Anti-histamine	
to administer during the school day and	above that you give your consent for the school d confirm that you have administered these e effect. Please keep the school informed of any
Signature(s) Parent/Guardian	Date
Print name	

#### **BOLNEY C.E.P. SCHOOL**

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> E-mail: office@bolneyprimary.school Web: http://bolneyschool.org.uk/

### Template C: parental consent to administer medication (to complete when

parent brings in medication) (where an Individual Healthcare Plan or Education Healthcare Plan is not required)

The school/setting will not give your child medicine unless you complete and sign this form, and the school or setting has a policy that the staff can administer medicine.

Date for review to be initiated by	
Name of child	
Date of birth	
Group/class/form	
Medical condition or illness	
Medicine	
Name/type of medicine (as described on the container)	
Expiry date	
Dosage and method	
Timing	
Special precautions/other instructions	
Are there any side effects that the school/setting needs to know about?	
Self-administration – y/n	
Procedures to take in an emergency	
NB: Medicines must be in the original container as dispe Patient Information Leaflet (PIL) must be included	nsed by the pharmacy and the manufacturer's instructions and/or
Contact Details	
Name	
Daytime telephone no.	
Relationship to child	
Address	
I understand that I must deliver the medicine personally to  The above information is, to the best of my knowledge, a	Zoe Belton or Carole Wood  ccurate at the time of writing and I give consent to school/setting staff

The above information is, to the best of my knowledge, accurate at the time of writing and I give consent to school/setting staff administering medicine in accordance with the school/setting policy. I confirm that this medication has been administered to my child in the past without adverse effect. I will inform the school/setting immediately, in writing, if there is any change in dosage or frequency of the medication or if the medicine is stopped.

Signature(s) Date

If this is a request to administer non-prescribed medication, please work with the school to complete Template C1 on the reverse of this form

## Template C1 - Individual Protocol for non-prescribed medication

#### This form should be completed in conjunction with Template C – parental consent

Under exceptional circumstances where it is deemed that their administration is required to allow the pupil to remain in school the school will administer non-prescription medicines for a maximum of 48 hours.

Date (requirement reviewed daily)	Time last dose administered at home as informed by parent/guardian	Dosage given in school	Time	Comments
Day 1				
Day 2				
	ects of medication	as detailed	on manufac	cturer's instructions or PIL
1.	2.			3.
mentio manufactu reaction or if	oned above or any rer's instructions it is suspected th	other signs and/or PIL at the child	s of reactior this might has taken t	of the signs or symptoms in as detailed on the ibe a sign of a negative oo much medication in a the parent/guardian(s).
with my child's care am aware that ea	e and education. ch day I must inforn y the school in writi	n the school v	when I last ad	e shared with individuals involved Iministered the medication and that een administered by (insert method
Agreed by: Parent/guardian				Date

# Template D: record of medicine administered to an individual child (to attach with template C)

Name of school/setting			
Name of child			
Date medicine provided by J	parent		
Group/class/form			
Quantity received			
Name and strength of medic	ine		
Expiry date			
Quantity returned			
Dose and frequency of medi	cine		
Staff signature			
Signature of parent			
D.			
Date			
Time given			
Dose given			
Controlled drug stock			
Name of member of staff			
Staff initials			
Witnessed by			
Date			
Time given			
Dose given			
Controlled drug stock			
Name of member of staff			
Staff initials			
Witnessed by			

# D: Record of medicine administered to an individual child (Continued) Date Time given Dose given Controlled drug stock Name of member of staff Staff initials Witnessed by Date Time given Dose given Controlled drug stock Name of member of staff Staff initials Witnessed by Date Time given Dose given Controlled drug stock Name of member of staff Staff initials Witnessed by Date Time given Dose given Controlled drug stock Name of member of staff Staff initials Witnessed by

# Template E: record of medicine administered to all children (Master copy in medicines file)

Name of school/setting
------------------------

Date	Child's name	Time	Name of	Dose given	Any reactions	Signature	Print name	Comments

# Template F: staff training record – administration of medicines<sub>(Master copy in medicines file)</sub>

Training can also be recorded on a matrix, in SIMS or similar database or using this form.

Name of school/setting	
Name	
Type of training received	
Date of training completed	
Training provided by – print name and signature	
Refresher/update training date	
Profession and title	
I confirm I have received and understood the above training	signature
Additional training:	
Type of training received	
Date of training completed	
Training provided by – print name and signature	
Refresher/update training date	
Profession and title	
I confirm I have received and understood the above training	signature
Type of training received	
Date of training completed	
Training provided by – print name and signature	
Refresher/update training date	
Profession and title	
I confirm I have received and understood the above training	signature

# Template G: contacting emergency services (by office computer on wall)

Request an ambulance - dial 999, ask for an ambulance and be ready with the information below.

Speak clearly and slowly and be ready to repeat information if asked.

1. telephone number

School telephone 01444 881352

2. your location as follows [insert school/setting address]

School address

BOLNEY PRIMARY SCHOOL

CHURCH LANE, BOLNEY

3. state what the postcode is – please note that postcodes for satellite navigation systems may differ from the postal code

Postcode RH17 5QP

4. inform Ambulance Control of the best entrance to use and state that the crew will be met and taken to the patient

**Best entrance is:** 

**UP THE LANE PAST THE CHURCH** 

- 5. your name
- 6. provide the exact location of the patient within the school setting
- 7. provide the name of the child and a brief description of their symptoms
- 8. put a completed copy of this form by the phone

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Web: http://bolneyschool.org.uk/

# Template H – Consent to administer non-prescribed medication on a Residential Visit

The school will not administer medication unless this form is completed and signed. This information will be kept securely with your child's other records. Whilst away if your child feels unwell the school staff may wish to administer the appropriate non-prescription. Please do not hesitate to contact the school if there are any issues you wish to discuss.

Pupils Name	D.O.B
Gender	Year/Tutor Group
	of the appropriate non-prescribed medication. If not and if necessary the emergency services called. ninistered medication on our return by (insert)
Paracetamol	
Ibuprofen (pupils age 12 and over)	
Anti-histamine	
Travel sickness	
school to administer during the residen	past without adverse effect. Please keep the
Signature(s) Parent/Guardian	Date
Print name	

#### **Appendix 3** - Summary of WSCC Medicines Policy September 2017

**Prescription medication** all prescription medication will be administered with parental consent.

**Non-prescription** - If the relevant symptoms develop during the school day the school will administer the following non-prescription medications:

- paracetamol (to pupils of all ages)
- ibuprofen (pupils age12 and over) NB Pupils under 12 will require a note from GP □ antihistamine,

All other non-prescription medications will only be administered providing:

- The parent/guardian confirms daily the time the medication was last administered (to ensure correct time has elapsed between doses)
- medication is licensed as suitable for the pupil's age;
- medication is suitable for the pupil i.e. if a child is asthmatic the medication is suitable for that condition:
- administration is required more than 3 to 4 times per day; therefore medication needs to be administered during the school day.
- medication is supplied by the parent or guardian in the original packaging with the manufacturer's instructions and/or patient leaflet
- and accompanied by parental/guardian consent

The school will NOT administer non-prescription medication:

- as a preventative, i.e. in case the pupil develops symptoms during the school day; except as detailed above.
- if the pupil is taking other prescribed or non-prescribed medication, i.e. only one non-prescription medication will be administered at a time;
- for more than 48 hours parents will be advised if symptoms persist to contact their Doctor;
- A request to administer the same or a different non-prescription medication that is for the same/initial condition will not be repeated for 2 weeks after the initial episode; and not for more than 2 episodes per term it will be assumed that the prolonged expression of symptoms requires medical intervention, and parents/guardians will be advised to contact their Doctor.
- Skin creams and lotions will only be administered in accordance with the Schools Intimate Care Policy and procedures.
- Medication that is sucked i.e. coughs sweets or lozenges, will not be administered by the school.
- if parents/guardians have forgotten to administer non-prescription medication that is required before school requests to administer will be at the discretion of the school and considered on an individual basis.

**Emergency medication** - Schools should have 2 inhalers for each pupil diagnosed with asthma and 2 auto-injectors for pupils with anaphylaxis. The school will hold a sufficient number of emergency inhalers and if there are not 2 auto-injectors on site for each pupil they will hold an emergency auto-injector.

**Training** - Staff will be trained to administer medication and specialist training will be undertaken for medication with specific requirements for administration i.e. autoinjectors.

		A	us alias A C			d:	
			naix 4 - S	nort term -	prescribed me	aicai	cion
Ту	e of medication	Forms to complete	Administer:	Requirement for Individual Health Care Plan (IHP)	Training	Other	
e.c rec		Form Template C parental consent completed for each episode Form Template E to record administration	As directed by GP/Pharmacist/ Medical Professional	No IHP required	Managing Medicines in Schools available from WSCC or instruction and guidance from schools Lead for Medicines (who has completed Managing Medicines) and competency test completed scoring 100%.	medica parent prescr inform downld Compe https:/ Parent finishe admin	ne labelled with the child's name and ation must be supplied by the c/guardian in its original container, with iber's instructions and patient ration leaflet (PIL). PIL can also be coaded from the Electronic Medicines rendium c/www.medicines.org.uk/emc/cto take medication away if course is and any medication remains unistered.
			Long te	rm – presci	ribed medication	n	
n b p n	escribed edication e.g. Anti- ptics, long term escribed edication that is minister as part of IHP	Parental consent is part of IHP Form Template D to record administration of medication for an individual pupil	As directed by GP/Pharmacist/ Medical Professional	Template 1- IHP required complete standard form	Long term prescribed medic that requires specialist administration – training via School Nurse /Community N Service Long term prescribed medic without specialist administration Managing Medicines in School available from WSCC or instand guidance from schools for Medicines (who has community Managing Medicines) and competency test completed 100%	a Nursing cation ation pols truction Lead apleted score	As short term prescribed medication and: Parents are responsible to provide the school with medication that is in date. Schools must keep records of all communication with parents regarding requests for in date medication and/or out of date medication.
			Prescri	bed emerge	ency medication	1	
Ту	e of medication	Forms to complete	Administer:	Requirement for Individual Health Care Plan (IHP)	Training	Oth	ner
Щ		<u> </u>	<u> </u>				

em me • A ( E A	rt term prescribed ergency lication e.g. Ito Injectors pipen, Jext pen nerade) for Iaphylaxis thma Inhalers i.e.	Parental consent is part of IHP Form Template D to record administration of medication for an individual pupil NB Midazolam	Emergency medication - as symptoms arise and/or in the event of a medical emergency administer as per training	Yes IHP recomplete soforms: Template 1 pupils with asthma and needing mifor epilepsy Template 2 with mild a	for severe dazolam	Asthma – inhaler training renewed annually delivered by School Nursing Service Auto-injectors – Best practice that all staff are trained to administer an auto-injector training renewed annually delivered by School Nursing Service Midazolam training renewed	As short term prescribed medication and: Parents are responsible to provide the school with medication that that is in date. Schools must keep records of all communication with parents regarding requests for in date medication and/or out of date medication. Parents are expected to provide the school with 2 in date asthma inhalers and/or 2 auto-injectors.
• N	lbutamol dazolam for ilepsy (NB ntrolled drug)	is a controlled drug and administration must be witnessed and record of stock		Templates 4 or 5 or 6 Anaphylaxi dependent of medicati	for s on type	annually available from Community Nursing Service NB basic first aid must be renewed annually to validate midazolam training – basic first aid is offered by Outdoo	If parents do not provide 2 in date auto-
• C	her unspecified	recorded on Form D				Ed Team Other unspecified emergency medication – training as detailed on IHP and delivered by relevant medical professional	purchase an auto injector for emergency use as permitted by the Human Medicines Act 2017 All emergency medication must be readily available and not locked away this includes controlled drugs i.e. midazolam
				a-noc i		rescribed medic	
		complete	Administer		Requirem ent for IHP	Training	Other
ma ad syr du da • P	r be hinistered if ptoms develop ng the school : racetamol, uprofen (over 's only)	Parental consent - for Paracetamol, Ibuprofen (over 12's only) Anti-histamine gained when pupil joins	All of the below follow on PIL or packaging effects, dosage Consent gained wher joins school using te Administer only wher a health reason to do Paracetamol,	for side  n pupil emplate B  re there is	No IHP required	Managing Medicines in Schools available from WSCC or instruction and guidance from schools Lead for Medicines (who has completed Managing Medicines) and competency test completed scoring 100%.	School should hold a small stock of standard paracetamol, ibuprofen (age 12 and over) and anti-histamine, all in their original container, with prescriber's instructions and PIL. Medication mixed with other substances i.e. paracetamol and caffeine or paracetamol plus etc. are not permitted ONLY ONE STANDARD DOSE CAN BE ADMINISTERED IN SCHOOL BEWARE DOSAGE – guidance on packaging is based on 'average' height and weight and may need to be revised for pupils that are

• T N.I sch to wil cre na ras	bols may wish dd that they administer Ims/lotions for py or skin Ies to the list of Inoc non- scribed	for Travel sickness or H completed for parental consent Template E - administration of medication to all children and any conversations with parents recorded under comments.	Administer fol pain relief pro policy and instand/or package • Anti-histaminas per instrupackaging  Anti-histaminadministered if associated syrup as a prevental Ibuprofen can administered if diagnosed with Travel sickness for school trip	ne – administer uctions on PIL or  e will ONLY be if pupil exhibits mptoms and not tive not be to pupils h asthma s administered	scr	intion m	edicine	pupils who are all NB: Parents will dose of anti-hista school for hay fe administer anti-hallergic reaction measure. Paracetamol and the school will fo as outlined in the Antihistamine - Sclosely if sympto services should be auto-injector should be a service of the school will be a service of the school will be a service of the service of the service of the school will be a servi	be expected to administer a amine to their child before ver; schools will only histamine for symptoms of and not as a precautionary  Ibuprofen – administration llow the pain relief protocol
Ту	e of medication			Parental consent		Administer:	Requirem ent for IHP	Training	Other
the sch	r are required to pol: arent/guardian come medication was impleting Templaticy); edication is licentary; fministration is refer day; edication is supple original packagestructions and/or accompanied by mplate C and C1	ication will be admiallow a pupil to rerest on firms daily in writes last administered ate C1 (Appendix 2) ased as suitable for equired more than lied by the parent ging with the manual (PIL); by parental/guardia (Appendix 2) and as been administered	ting the time by of main the pupil's 3 to 4 times or guardian in facturer's an consent confirmation	Template C and C1 parental consent an info on medication Template C1 used t record administration or Template E depending on school admin procedures	d i r o on	Administer as instructions on medication	No IHP required	Managing Medicines in Schools available from WSCC or instruction and guidance from schools Lead for Medicines and competency test completed scoring 100%.	Medicine supplied by the parent/guardian in its original container, with prescriber's instructions and patient information leaflet (PIL). PIL can also be downloaded from the Electronic Medicines Compendium <a href="https://www.medicines.org.uk/emc/">https://www.medicines.org.uk/emc/</a> Parent to take medication away if course is finished and any medication remains un-administered.

thout adverse effect;		
NOT be administered: school will NOT administer non-prescription lication:  as a preventative, i.e. in case the pupil develops symptoms during the school day; if the pupil is taking other prescribed or non- prescribed medication, i.e. only one non- prescription medication will be administered at a time; for more than 48 hours – parents will be advised if symptoms persist to contact their Doctor; A request to administer a different non- prescription medication that is for the same/initial condition will not be repeated for 2 weeks after the initial episode; and not for more than 2 episodes per term - it will be assumed that the prolonged expression of symptoms requires medical intervention, and parents/guardians will be advised to contact their Doctor. Skin creams and lotions will only be administered in accordance with the Schools Intimate Care Policy and procedures. Medication that is sucked i.e. sweets or lozenges, will not be administered by the school. if parents/guardians have forgotten to administer non-prescription medication that is required before school – requests to administer will be at the discretion of the school and considered on an individual basis.		



## **ASTHMA TOOLKIT**

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#### What is asthma?

Asthma is a condition that affects the small tubes (airways) that carry air in and out of the lungs. When a person with asthma comes into contact with something that irritates their airways (an asthma trigger), the muscles around the walls of the airways tighten so that the airways become narrower and the lining becomes inflamed and starts to swell. Sometimes, sticky mucus or phlegm builds up, which can further narrow the airways. These reactions cause the airways to become narrower and irritated - making it difficult to breath and leading to symptoms of asthma. Triggers can include, hot or cold weather, increased humidity, fumes, powders, physical exercise and stress.

It's difficult to say for sure what causes asthma however you're more likely to develop asthma if you have a family history of asthma, eczema or allergies. It's likely that this family history, combined with certain environmental factors, influences whether or not someone develops asthma.

Asthma is a widespread, serious but controllable condition, and schools should ensure that pupils can and do participate fully in all aspects of school life. Pupils with asthma need immediate access to reliever inhalers and in an emergency, a spacer.

The school should ensure that all staff (including supply teachers and support staff) who have pupils with asthma in their care, know who those pupils are and know the school's procedure to follow in the event of an asthma attack.

#### Symptoms of asthma

The usual symptoms of asthma are:

- coughing
- wheezing
- shortness of breath
- tightness in the chest.

Not everyone will get all of these symptoms. Some people experience them from time to time; a few people may experience these symptoms all the time and occasionally some may not experience any symptoms.

#### **Asthma medicines**

Immediate access to reliever medicines is essential. Pupils with asthma are encouraged to carry their reliever inhaler as soon as the parent/carer, doctor/asthma nurse and class teacher agree they are mature enough. Those deemed competent to do so may self-administer their asthma medication. The reliever inhalers of younger children should be kept in the classroom.

It is advised that the school has an in date spare reliever inhaler on site. These are held in case the pupil's own inhaler runs out, or is lost or forgotten and are kept in the [school office/first aid room]. The school may ask a pupils parent or guardian to provide a second inhaler. All inhalers must be labelled with the child's name by the parent/carer.

From October 1<sup>st</sup> 2014 following changes to the Human Medicines Regulations 2012 schools will be able to purchase inhalers for emergency use from their local pharmacist provided it is done on an occasional basis and not for profit schools. It is recommended that schools keep a small stock of back-up inhalers for emergency use. Schools wishing to purchase inhalers should put their request in writing on headed paper signed by the principal or head teacher stating:

- The name of the school for which the product is required
- The purpose for which that product is required
- The total quantity required

It is recommended that emergency asthma medication is delivered via a spacer device and schools should ensure they have a spacer on site. Spacers may not be shared therefore once used a spacer should be allocated to the pupil that used it and a new one purchased. Spacers can be purchased from a local pharmacist. It is the schools responsibility to ensure the school inhaler remains in date. Spacers provided by pupils for their own individual use should be cleaned between uses. Wash spacer in warm soapy water, rinse with clean running water and leave to dry naturally.

School staff who agree to administer medicines are insured by the local authority when acting in agreement with this policy. All school staff will facilitate pupils to take their medicines when they need to.

#### Record keeping

When a child joins the school, parents/carers are asked to declare any medical conditions (including asthma) that require care within school, for the school's records. At the beginning of each school year, parents are requested to update details about medical conditions (including asthma) and emergency contact numbers.

All parents/carers of children with asthma are given an asthma information form to complete and return to school. From this information the school keeps its asthma records. All teachers know which children in their class have asthma. Parents are required to update the school about any change in their child's medication or treatment. Records must be kept for the administration of asthma medication as for any other prescribed medication.

Schools must gain consent from parent to administer the schools emergency inhaler and a register must be kept with the inhaler that details which parents/guardians have given permission for the school inhaler to be administered. It is the responsibility of the school to keep the register up to date.

#### **Exercise and activity - PE and games**

All children are encouraged to participate fully in all aspects of school life including PE. Children are encouraged/reminded to use their inhalers before exercise (if instructed by the parent/carer on the asthma form) and during exercise if needed. Staffs are fully aware of the importance of thorough warm up and cool down. Each pupil's inhaler will be labelled and kept in a box at the site of the lesson.

#### **School Environment**

It is recommended that schools endeavour to ensure that the school environment is favourable to pupils with asthma. The school will need to take into consideration, any particular triggers to an asthma attack that an individual may have and seek to minimise the possibility of exposure to these triggers.

#### **Training**

It is best practice that all school staff are trained to recognise the symptoms of worsening asthma, how to respond in an emergency and how to administer of reliever medication (inhaler).

#### Asthma Attacks - School's Procedure

In the event of an asthma attack, staff will follow the school procedure:

- Encourage the pupil to use their inhaler
- Summon a first aider who will bring the pupil's Asthma Information Form and will ensure that the inhaler is used according to the dosage on the form
- If the pupil's condition does not improve or worsens, the First Aider will follow the 'Emergency asthma treatment' procedures
- The First Aider will call for an ambulance if there is no improvement in the pupil's condition
- If there is any doubt about a pupil's condition an ambulance will be called

Dear Parent/Carer

### **Asthma Information Form**

information about your child's asthma. Please return this form without delay.
CHILD'S NAME Age Class
1. Does your child need an inhaler in school? Yes/No
2. Please provide information on your child's current treatment. (Include the name, type of inhaler, the dose and how many puffs? Do they have a spacer?
3. What triggers your child's asthma?
It is advised to have a spare inhaler in school. Spare inhalers may be required in the event that the first inhaler runs out is lost or forgotten. Inhalers must be clearly labelled with your child's name and must be replaced before they reach their expiry date. The school will also keep an emergency salbutamol inhaler for emergency use.
I agree to ensure that my child has in-date inhalers and a spacer (if prescribed) in school. I agree that the school can administer the school emergency salbutamol inhaler if required.
Signed: Date  I am the person with parental responsibility
I am the person with parental responsibility
I am the person with parental responsibility  Circle the appropriate statements
<ul> <li>I am the person with parental responsibility</li> <li>Circle the appropriate statements</li> <li>My child carries their own inhaler.</li> </ul>
<ul> <li>I am the person with parental responsibility</li> <li>Circle the appropriate statements</li> <li>My child carries their own inhaler.</li> <li>My child requires a spacer and I have provided this to the school office</li> </ul>
<ul> <li>I am the person with parental responsibility</li> <li>Circle the appropriate statements</li> <li>My child carries their own inhaler.</li> <li>My child requires a spacer and I have provided this to the school office</li> <li>My child does not require a spacer</li> <li>I need to obtain an inhaler/spacer for school use and will supply</li> </ul>

5. Do you giv	ve consent	for the foll	lowing	treatment t	to be	given	to you	ır child	l as
recognised b	y Asthma	Specialists	in an e	emergency?	)				

- Give 6 puffs of the blue inhaler via a spacer
- Reassess after 5 minutes
- If the child still feels wheezy or appears to be breathless they should have a further 4
  puffs of the blue inhaler

Reassess after 5 minutes

- If their symptoms are not relieved with 10 puffs of blue inhaler then this should be viewed as a serious attack:
- CALL AN AMBULANCE and CALL PARENT
- While waiting for an ambulance continue to give 10 puffs of the reliever inhaler every few minutes

Yes/No		

Signed: Date......

I am the person with parental responsibility

Please remember to inform the school if there are any changes in your child's treatment or condition.

Thank you

Parental Update (only to be completed if your child no longer has asthma)				
My child no longer has asthma and therefore no longer requires an inhaler in school or on school visits.				
Signed	Date			
I am the person with parental responsibility				

#### For office use:

	Provided by	Location	Expiry	Date of	Date of
	parent/school	(delete as appropriate)	date	phone call requesting new inhaler	letter (attach copy)
1 <sup>st</sup> inhaler		With pupil/In			
		classroom			
2 <sup>nd</sup> inhaler		In office/first			
Advised		aid room			
Spacer (if					
required)					

Record any further follow up with the parent/carer:

Example letter to send to parent/carer who has not provided an in-date inhaler. Please amend as necessary for the individual circumstances.

Dear [Name of parent]

Following today's phone call regarding [Name of pupil]'s asthma inhaler, I am very concerned that an inhaler has not been provided. You have stated on [name of pupil]'s Asthma Information Form that [name of pupil] requires an inhaler in school and you have agreed to provide an inhaler [and spacer]. Please ensure that:

- an inhaler
- a spacer

are provided without delay.

If [name of pupil] no longer requires an inhaler, please request his/her Asthma Information form from the school office and complete the parental update section.

Please be aware that in the absence of an inhaler, should [name of pupil] suffer an attack, staff will not be able to follow the usual Asthma Emergency inhaler procedures. They will be reliant on calling 999 and awaiting the Emergency Services.

Yours sincerely

#### Emergency asthma treatment

#### **Asthma attacks & wheeziness**

Signs of worsening asthma:

- Not responding to reliever medication
- Breathing faster than usual
- Difficulty speaking in sentences
- Difficulty walking/lethargy
- Pale or blue tinge to lips/around the mouth
- Appears distressed or exhausted
- Give 6 puffs of the blue inhaler via a spacer
- Reassess after 5 minutes
- If the child still feels wheezy or appears to be breathless they should have a further 4
  puffs of the blue inhaler
- Reassess after 5 minutes
- If their symptoms are not relieved with 10 puffs of blue inhaler then this should be viewed as a serious attack:
- CALL AN AMBULANCE and CALL PARENT
- While waiting for an ambulance continue to give 10 puffs of the reliever inhaler every few minutes

## APPENDIX 6 -

## <u>Medicines in School – competency test</u>

	NameAnswer questions 1 to 17	Date			
1	What are the <b>6 rights</b> and the <b>AND</b> that you must check when giving any medicine?	Right			
		Right			
		Right			
		Right	Right		
		Right			
		Right			
		And			
2	If you run out of a medicine for Mandy but have a bottle of the same medicine for Jack in the cupboard, can you use Jack's bottle for Mandy? (circle the correct answer)	YES	NO		
3	A mother explains that she administers medication for ADHD to her son in orange juice. He is not aware that he is on the medication. She has brought in the made up orange juice with medication added for the school to administer. How should you respond?	A. Administer the medication and make a note Mum provided made up medication	B. Refuse the made- up orange juice and ask Mum to provide the medication and the orange juice separately for you to make up at the time of administration.		
4	Under WSCC policy what non-prescription medication may be administered if symptoms develop during the school day?				
5	What type of medication should never be locked away?				
6	Can you keep medicine which is labelled and in an airtight container, in your classroom fridge, if access to the fridge is restricted? (circle all the correct answers)	YES	NO		
7	What if pupils have easy access to the fridge (circle all the correct answers)	YES	NO		

8	Can you keep Controlled Drugs in the normal medicine cupboard? (circle all the correct answers)	YES	NO	
9	What do you do if you realise you have missed giving medicine to a pupil. (circle all the correct answers)	A. Just write a note in the home school book B. Phone and speak to a parent as soon as you realise C. Inform School Nurse / Member of SMT D. Nothing E. Record that it wasn't given F. Call 999 if necessary		
10	What do you do if a pupil refuses their medication on one occasion? (circle all the correct answers)	A. Try to make it into a game B. Phone and speak to a parent C. Record that it was refused D. Nothing E. Inform School Nurse/Member of SMT F. Call an ambulance if necessary		
11	What should you do if a pupil needs medicines via a gastrostomy and you have not been trained and signed off competent to do it (circle all the correct answers)	A. Do it anyway as you've seen it numerous times B. Do it with another member of classroom staff watching you C. Find someone who can do it D. Refuse to do it and notify your line manager that you have a training need		
12	A pupil age 11 comes to the medical room at 11am, asking for paracetamol for headache. What would you do? (circle all the correct answer)	A. Call the parent find out if the pupi has had any paracetamol or paracetamol containing medication in the last four hours and record the conversation, then administer medication if no other pain relief had been given in the last 4 hours	B. Administer the paracetamol and write a note home to the parents informing them a dose has been administered.	
13	What medication can be administered on a residential visit and what precautions must the school take in advance of the trip?			

14	If medication is administered during an educational visit (day trip), What if any records does the school need to keep?		
15.	During routine checks you notice a pupil's asthma inhaler is out of date – what should you do?	A. Wait for Mum to provide a new inhaler you can use the out of date inhaler in an emergency anyway	B. Write to Mum requesting an in date inhaler and assuming parental permission is in place you will use the Schools Own Emergency inhaler if the pupil needs medication until the new inhaler arrives.
16	Under what circumstances would you agree to administer non-prescription medication? (circle all the correct answers)	A. Medication is required 5 times a day B. Medication is suitable for age and weight of the pupil C. Medication is supplied in original packaging with information leaflet D. Pupil shows no symptoms of the condition and medication is not required to keep child in school E. Parental consent is in place to administer	
17	A pupil was recently given a non-prescribed medication for cold/flu like symptoms 2 weeks later their parents have asked you to administer a different non-prescribed medication for the same condition/symptoms – how would you respond? (circle all the correct answers)	YES	NO