

ACTIVE LISTENING SKILLS

WHAT IS ACTIVE LISTENING?

Active listening is a skill that can be acquired and developed with practice. Active listening means, as its name suggests, actively listening. That is fully concentrating on what is being said rather than just passively 'hearing' the message of the speaker. Active listening involves listening with all senses.



To be an active listener, we also need to develop our speaking skills. How much opportunity do we give to our children for drama, speaking and listening tasks, debates, reading together and just time to talk?

Build trust and establish rapport.

Ask specific questions.

Demonstrate concern.

Use brief verbal affirmations like

Active Listening Skills

Active listening techniques can help you truly understand what people are saying in conversations and meetings


I see.

The infographic features a central title 'Active Listening Skills' in a large, bold, black font. It is surrounded by four illustrations, each with a text box. The top-left illustration shows two people talking, with the text 'Build trust and establish rapport.' above it. The top-right illustration shows two people sitting on a bench, with the text 'Demonstrate concern.' above it. The bottom-left illustration shows two people walking, with the text 'Ask specific questions.' above it. The bottom-right illustration shows two people talking, with a speech bubble saying 'I see.' and the text 'Use brief verbal affirmations like' above it. A central text box states 'Active listening techniques can help you truly understand what people are saying in conversations and meetings'.

This poster is displayed in each classroom and around our school.

Our four Christian values that guide us
LOVE
HONESTY RESPECT
RESILIENCE

Bolney CEP School



Be the Best You Can,
Guided by God

A good listener is someone who...

- thinks about what they hear
- pays attention
- gives feedback
- asks question
- relates to the topic
- sits still
- speaks only when it is their turn
- stays focused
- does not interrupt the speaker
- stays patient



A good listener is someone who like you!

WHY SHARE THIS INFORMATION WITH YOU AT HOME?

As a school, we have been working with the children to become better listeners by becoming active listeners. Active listening is also an effective skill to use at home.

- By listening to them, you are communicating that they are worthy of your attention.
- By hearing their distress, you are demonstrating that their view of the world has merit.
- By allowing them time to decide their course of action, you are indicating your trust in their ability to solve problems.

For further information about active listening please visit:
<https://centerforparentingeducation.org/library-of-articles/healthy-communication/the-skill-of-listening/>