



Be the Best You Can,
Guided by God

Our four Christian values that guide us

LOVE
HONESTY RESPECT
RESILIENCE

BOLNEY CEP SCHOOL

Intimate Care and Toileting **Policy**

Reviewed	Autumn 2024
Next Review	Autumn 2026

Our Whole Child Vision:

Each child is unique. We partner with families to nurture the 'whole child' – by understanding their specific emotional, spiritual and learning needs – so children flourish.

Children leave us as fearless lifelong learners, ready to meet the world with self-confidence, curiosity and resilience.

This vision has grown from our belief in the Bible verse:

"Do for other people what you want them to do for you."

Luke 6:31 International Children's Bible



Be the Best You Can,
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BOLNEY C.E.P. SCHOOL

Intimate and Toileting Care Policy

This school takes seriously its responsibility to safeguard and promote the welfare of the children and young people in its care. Meeting a pupil's intimate care needs is one aspect of safeguarding.

This Intimate Care Policy has been developed to safeguard children and staff. It applies to everyone involved in the intimate care of children.

The Governing Body recognises its duties and responsibilities in relation to the Equalities Act 2010 which requires that any pupil with an impairment that affects his/her ability to carry out day-to-day activities must not be discriminated against.

This intimate care policy should be read in conjunction with the schools' policies as below (or similarly named):

- Safeguarding policy and child protection procedures;
- Staff standards of conduct and guidance on safer working practice;
- Health and safety policy and procedures;
- Special Educational Needs and Disabilities (SEND) policy
- Managing medicines policy

The Governing Body is committed to ensuring that all staff responsible for the intimate care of pupils will undertake their duties in a professional manner at all times. It is acknowledged that these adults are in a position of great trust.

We recognise that there is a need to treat all pupils, whatever their age, gender, disability, religion, ethnicity or sexual orientation with respect and dignity when intimate care is given.

The child's welfare is of paramount importance and his/her experience of intimate and personal care should be a positive one. It is essential that every pupil is treated as an individual and that care is given gently and sensitively: no pupil should be attended to in a way that causes distress or pain.

Staff will work in close partnership with parent/carers and other professionals to share information and provide continuity of care.

Where pupils who have complex and/or long term health conditions or care needs, then they will have a health care plan in this intimate care policy.

Members of staff must be given the choice as to whether they are prepared to provide intimate care to pupils.

All staff undertaking intimate care must be given appropriate guidance and if appropriate to procedure they should receive training.

If a child has an occasional toileting accident where a washing of intimate areas is needed parents are to be asked to do this. Only if a family member cannot be contacted or it would take them a long time to come to school should a member of staff carry this out.

Cream application: children should apply their own cream for preventative or medical purposes e.g. sun cream. Only in exceptional circumstances should staff apply cream to a child. A parent is to give written consent and a completed administering medication form for this.

Child focused principles of intimate care

The following are the fundamental principles upon which the policy is based:

- ✓ Every child has the right to be safe.
- ✓ Every child has the right to personal privacy.
- ✓ Every child has the right to be valued as an individual.
- ✓ Every child has the right to be treated with dignity and respect.
- ✓ Every child has the right to be involved and consulted in their own intimate care to the best of their abilities.
- ✓ Every child has the right to express their views on their own intimate care and to have such views taken into account.
- ✓ Every child has the right to have levels of intimate care that are as consistent as possible.

Definition

Intimate care can be defined as any care which involves washing, touching or carrying out a procedure to intimate personal areas which most people usually carry out themselves but some pupils are unable to do because of their young age, physical difficulties or other special needs. Examples include care associated with continence and menstrual management as well as more ordinary tasks such as help with washing, toileting or dressing. It also includes supervision of pupils involved in intimate self-care.

Best Practice

Pupils who require regular assistance with intimate care have health care plans agreed by staff, parents/carers and any other professionals actively involved, such as school nurses or physiotherapists. Ideally the plan should be agreed at a meeting at which all key staff and the pupil should also be present wherever possible/appropriate. Any historical concerns (such as past abuse) should be taken into account. The plan should be reviewed as necessary, but at least annually, and at any time of change of circumstances, e.g. for residential trips or staff changes (where the staff member concerned is providing intimate care). They should also take into account procedures for educational visits/day trips.

Named adults are to be identified to give intimate care for any child needing this regularly. The number of adults involved are to be kept to a minimum.

Where relevant, it is good practice to agree with the pupil and parents/carers appropriate terminology for private parts of the body and functions and this should be noted in the plan.

Where a care plan is not in place, parents/carers will be informed the same day if their child has needed help with meeting intimate care needs (eg has had an 'accident' and wet or soiled him/herself). It is recommended practice that information on intimate care should be treated as confidential and communicated in person, face to face, by telephone or by sealed letter, not through the home/school diary.

In relation to record keeping a written record should be kept in a format agreed by parents and staff every time a child has an invasive medical procedure, e.g. support with catheter usage (see guidance for the management of long term health conditions for children and young people).

Accurate records should also be kept when a child requires assistance with intimate care; these can be brief but should, as a minimum, include full date, times and any comments such as changes in the child's behaviour. It should be clear who was present in every case. These records will be either copied to parents or kept in the child's file as arranged and discussed with parents. For children with an intimate care plan records are to be kept as agreed with the parent, in accordance to the plan.

For children who have an accident any intimate care needs to be recorded in the accident book in the office.

All pupils will be supported to achieve the highest level of autonomy that is possible given their age and abilities. Staff will encourage each individual pupil to do as much for his/herself as possible.

Staff who provide intimate care ensure care procedures are carried out according to the individual needs of the pupil.

Staff should be fully aware of best practice regarding infection control, including the requirement to wear disposable gloves and aprons where appropriate.

Staff will be supported to adapt their practice in relation to the needs of individual pupils taking into account:

- Developmental changes such as the onset of puberty and menstruation.
- Their preferred means of communication (verbal, symbolic, etc) to discuss their needs and preferences.

Where the pupil is of an appropriate age and level of understanding permission should be sought before starting an intimate procedure.

Staff who provide intimate care should speak to the pupil personally by name, explain what they are doing and communicate with all children in a way that reflects their ages. Every

child's right to privacy and modesty will be respected. Careful consideration will be given to each pupil's situation to determine who and how many carers might need to be present when s/he needs help with intimate care. SEN advice suggests that reducing the numbers of staff involved goes some way to preserving the child's privacy and dignity. Wherever possible, the pupil's wishes and feelings should be sought and taken into account. All children requiring intimate care will have two members of staff named on their health care plans

An individual member of staff should inform another appropriate adult, usually the class teacher, when they are going alone to assist a pupil with intimate care.

The religious views, beliefs and cultural values of children and their families should be taken into account, particularly as they might affect certain practices or determine the gender of the carer.

Adults who assist pupils with intimate care should be employees of the school, not students or volunteers, and therefore have the usual range of safer recruitment checks, including enhanced DBS checks.

All staff should be aware of the school's confidentiality policy. Sensitive information will be shared only with those who need to know.

Health & Safety guidelines should be adhered to regarding waste products, if necessary, advice should be taken from West Sussex LA regarding disposal of large amounts of waste products or any quantity of products that come under the heading of clinical waste. Note that used nappies and pads may be double wrapped and disposed of in a non-specialist manner.

No member of staff will carry a mobile phone, camera or similar device whilst providing intimate care.

Child Protection

The Governors and staff at this school recognise that pupils with special needs and who are disabled are particularly vulnerable to all types of abuse. The school's child protection procedures will be adhered to. From a child protection perspective it is acknowledged that intimate care involves risks for children and adults as it may involve staff touching private parts of a pupil's body.

In this school best practice will be promoted and all adults (including those who are involved in intimate care and others in the vicinity) will be encouraged to be vigilant at all times, to seek advice where relevant and take account of safer working practice.

Where appropriate, pupils will be taught personal safety skills carefully matched to their level of development and understanding.

If a member of staff has any concerns about physical changes in a pupil's presentation, e.g. unexplained marks, bruises, etc s/he will immediately report concerns to the Designated Safeguarding Lead following the school's child protection procedures.

If a pupil becomes unusually distressed or very unhappy about being cared for by a particular member of staff, this should be reported to the Headteacher. The matter will be investigated at an appropriate level and outcomes recorded. Parents/carers will be contacted as soon as possible in order to reach a resolution. Staffing schedules will be altered until the issue/s is/are resolved so that the child's needs remain paramount. Further advice will be taken from outside agencies if necessary.

If a pupil, or any other person, makes an allegation against an adult working at the school this should be reported to the Headteacher (or to the Chair of Governors if the concern is about the Headteacher) who will consult the Local Authority Designated Officer in accordance with the school's policy. Similarly, any adult who has concerns about the conduct of a colleague at the school or about any improper practice will report this to the Headteacher or to the Chair of Governors, in accordance with the child protection procedures and the Confidential Reporting Policy.

Physiotherapy

Pupils who require physiotherapy whilst at school should have this carried out by a trained physiotherapist. If it is agreed in the individual provision map or care plan that a member of the school staff should undertake part of the physiotherapy regime (such as assisting children with exercises), then the required technique must be demonstrated by the physiotherapist personally, written guidance given and updated regularly. The physiotherapist should observe the member of staff applying the technique.

Under no circumstances should school staff devise and carry out their own exercises or physiotherapy programmes.

Any concerns about the regime or any failure in equipment should be reported to the physiotherapist.

Medical Procedures

Pupils who are disabled might require assistance with invasive or non-invasive medical procedures such as the administration of rectal medication, managing catheters or colostomy bags. These procedures will be discussed with parents/carers, documented in the health care plan or IEP and will only be carried out by staff who have been trained to do so. It is particularly important that these staff should follow appropriate infection control guidelines and ensure that any medical items are disposed of correctly.

Any members of staff who administer first aid should be appropriately trained in accordance with LA guidance.

If an examination of a child is required in an emergency aid situation it is advisable to have another adult present, with due regard to the child's privacy and dignity.

Care plans should include specific information for those supporting children with bespoke medical needs.

Intimate care plan

Pupil's Name	Date of Birth
Class	
Reasons for the plan: <i>For example, support needed for intimate care, personal care, manual handling, toileting programme, medical condition</i>	
Level of supervision: <i>Adult –child ratio, whether supervision needed is general or specific, name of any specific staff</i> <i>What type of supervision is needed – reminders, visual support, help with dressing and undressing</i> <i>Frequency and times supervision is needed – at particular times of the day, when required, once a day</i> <i>Where – specify the area of the school where the intimate care will take place</i>	
Facilities and equipment: <i>List any equipment needed</i> <i>List any use of hoists, slings, rails</i>	
Involvement of other agencies: <i>Include any agencies to be contacted for further advice, support or training</i>	
Strategies for increasing independence: <i>What steps will be taken to increase independence?</i>	
Monitoring and evaluation: <i>Who is responsible for monitoring?</i> <i>How will the effectiveness of the plan be evaluated?</i>	
Parents' comments and how they will be involved in supporting the plan: <i>Discuss if and how any record of intimate care is to be recorded and shared with the parents.</i>	
Pupil's views: <i>Include the pupil's wishes and choices</i>	
Date plan written:	
Date of review:	
Signed by: Pupil Staff Parents External Agencies	

Intimate care plan

Pupil's Name	Date of Birth
Class	
Reasons for the plan:	
Level of supervision:	
Facilities and equipment:	
Involvement of other agencies:	
Strategies for increasing independence:	
Monitoring and evaluation:	
Parents' comments and how they will be involved in supporting the plan:	
Pupil's views:	

Date plan written:
Date of review:
Signed by: Pupil Staff Parents External Agencies